HEART DISEASE PREVENTION PROGRAM

**RESEARCH DATABASE**

**PURPOSE OF THE RESEARCH DATABASE:** The purpose of the Heart Disease Prevention Program (HDPP) is to develop a research database to be used to study interactions between physical/biological characteristics and cardiovascular disease risk. This is a “population study”, not unlike major studies like the Framingham Heart Study or the Nurses Health Study that are often in the news. With your consent, the data obtained from your visit to the Human Performance Clinical/Research Laboratory will be coded (for confidentiality) and entered into a large computer database. You may participate in the HDPP without giving consent for the use of your data for research purposes.

**RESEARCH DATA TO BE USED:** The following tests are included in the HDPP. We are asking for your consent to use the data obtained from these tests to develop a research database.

1. Health History Questionnaire
2. Underwater weighing for body composition
3. DEXA scan
4. Maximal treadmill test data
5. Resting ECG and blood pressure
6. Body height and weight, and body size.
7. Blood chemistry
8. Pulmonary function
9. Strength and flexibility

**CONFIDENTIALITY:**

Your data will be coded and kept in a locked file cabinet on the CSU campus. The data will also be coded and entered into a computer database. Your name will not appear in the computer database. A copy of the uncoded data may be sent to your personal physician or insurance company only upon your written request. However, you will not be identified in relation to your data for research purposes at any point. In addition, you should be advised that any time a researcher wishes to study the HDPP database to address a specific research question, we will seek approval of the Colorado State University to access the database to address that specific research question.

**PARTICIPATION:**

Your participation in this research database is voluntary. **If you decide to participate in the database, you are simply consenting to allow the use of the data obtained during your participation in the HDPP for the development of a research database**. Your signature acknowledges that you have read the information stated and willingly sign this consent form.

I agree to allow the use of my HDPP test data in the research database YES [ ]  NO [ ]

I agree to allow the HDPP research team to contact me in the future if I qualify for other research projects. By agreeing to allow the research team to contact me, I am NOT obligated to participate in any research study. YES [ ]  NO [ ]

**Participant Name (PRINT)** **DATE** **Participant Signature**

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**Investigator/co-investigator** **DATE** **Signature**