

MARIE WATSON

Revive

THERAPEUTIC
WELLNESS CENTER

LOCATION: Columbus, Ohio

Located near The Ohio State University, with the third largest undergraduate population in the U.S., this center offers therapy that engages all of the senses. Users experience an exploration of the mind and emotional self within a space of acceptance and healing. Revive is focused on the individual needs of each user, directed towards the population of 18-35 year olds, but is open to everyone. Therapeutic resources include traditional talk therapy (both individual and group) as well as holistic approaches such as massage therapy, indoor gardening, exercise, virtual reality experiences and artistic expression through both art and music. The auditorium as well as yoga and dance studios help incorporate community collaboration and fosters a sense of inclusion amongst users.



3. atrium seating

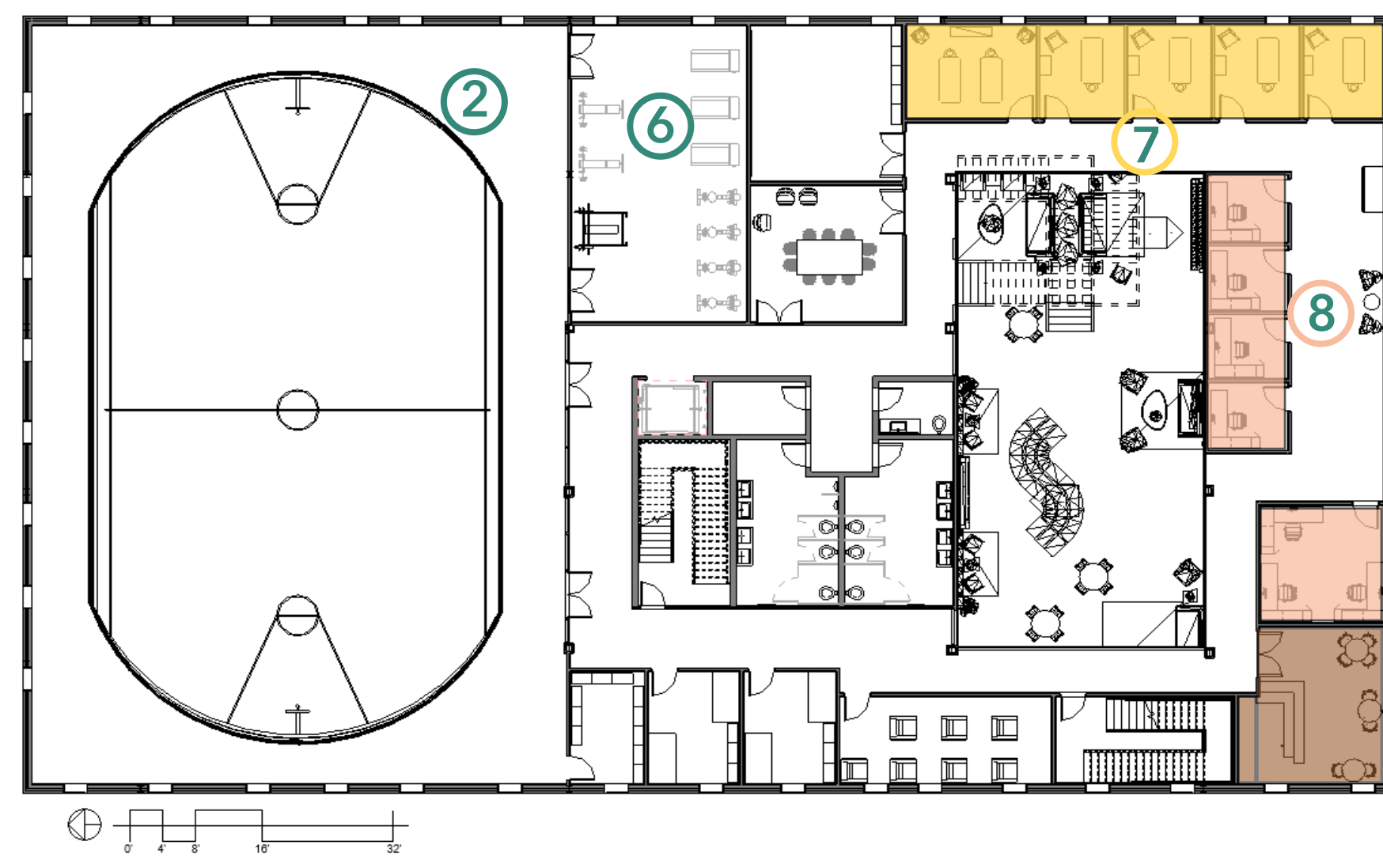


5. main entrance/lobby

Level one

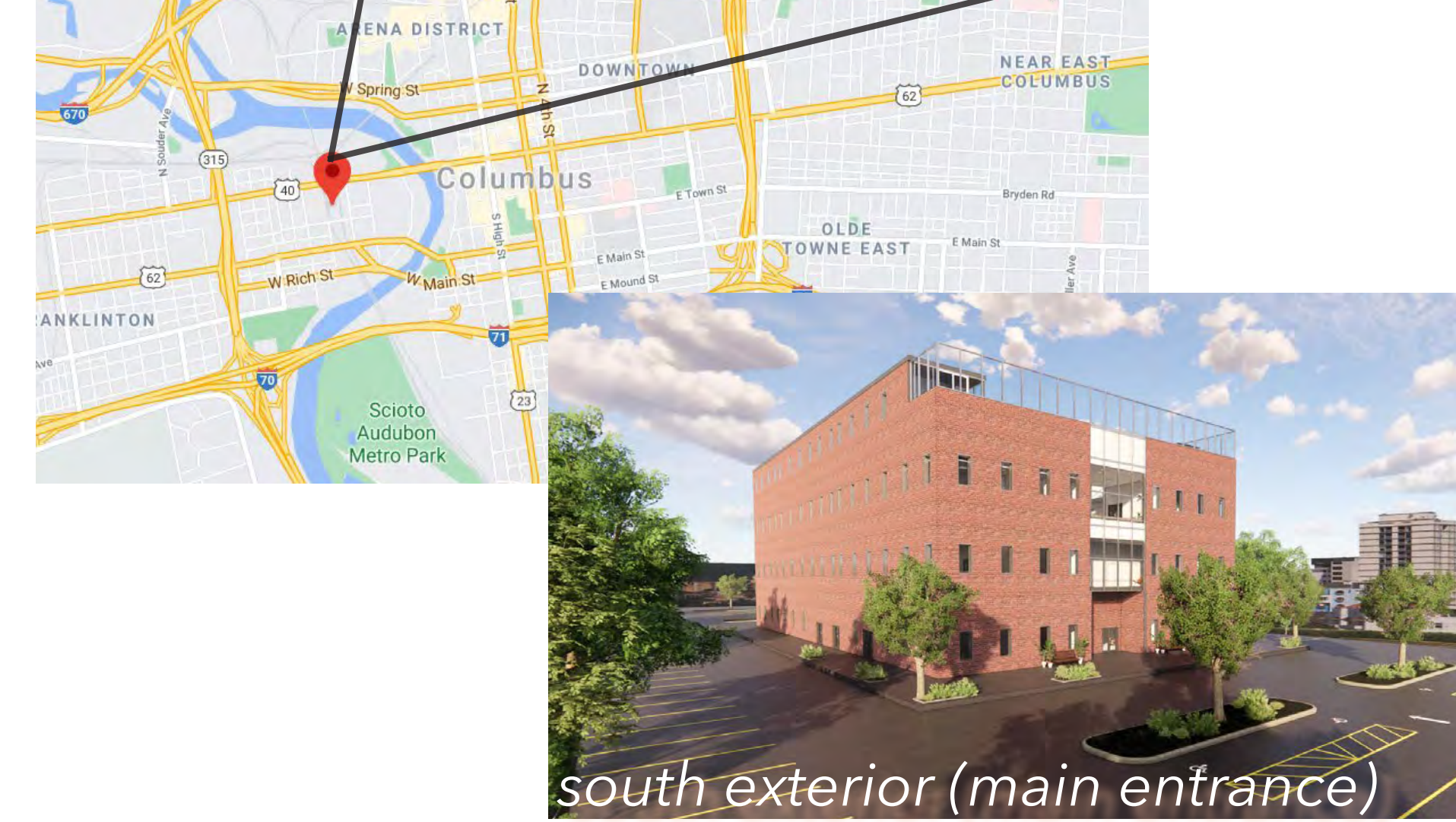


Level two



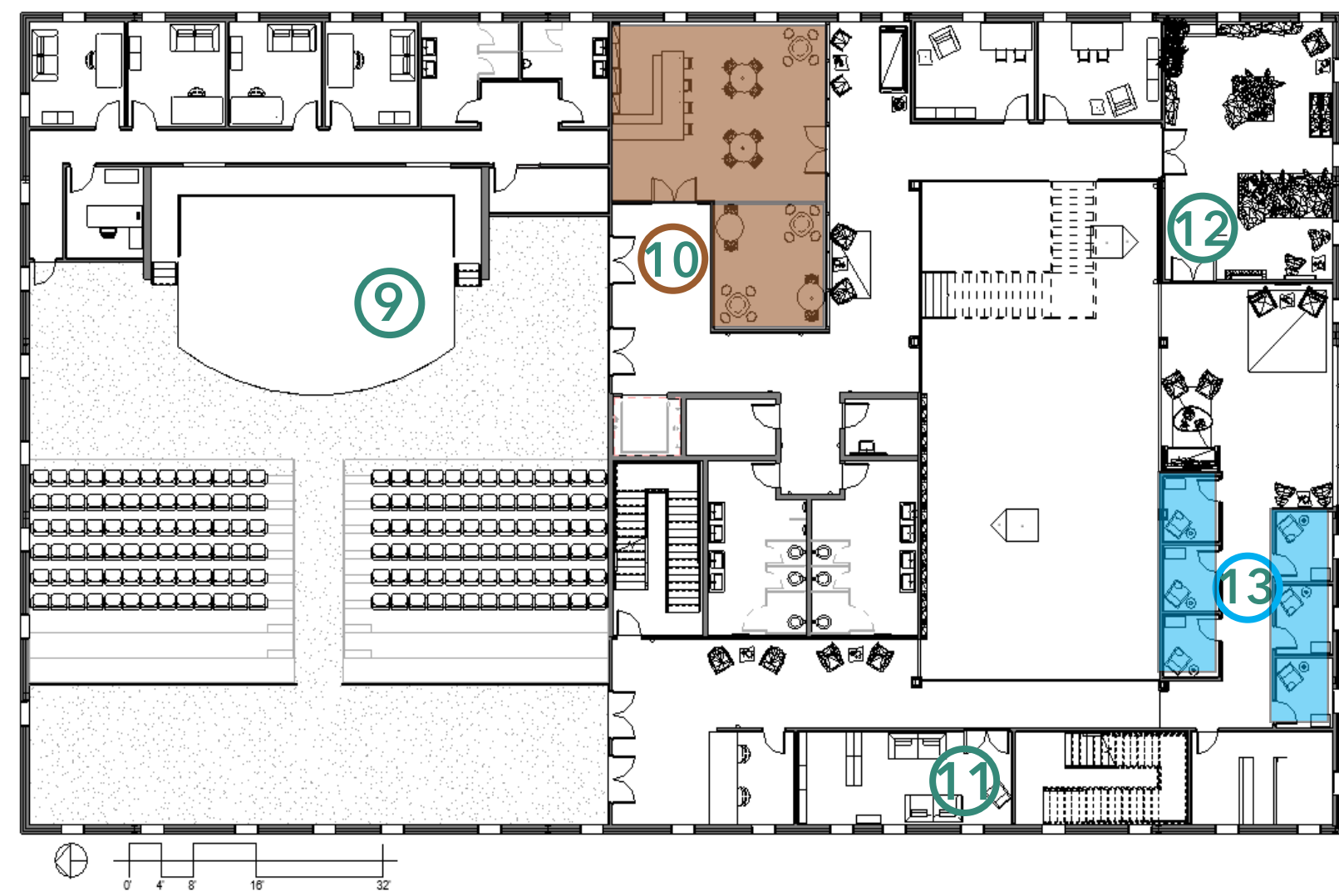
SPATIAL KEY:

1. 2nd entrance/lobby
2. multi-use gym/track
3. atrium seating
4. art rooms
5. main entrance/lobby
6. fitness center
7. massage rooms
8. virtual reality rooms
9. auditorium
10. cafes
11. library/reading room
12. indoor garden
13. private reflection
14. employee lounge
15. therapy offices
16. rooftop patio



south exterior (main entrance)

Level three



Level four



hallway perspective



14. employee lounge



15. therapy office

Revive is centered around the concept of exploration and light, both physical and metaphorical light that results from fighting internal mental and emotional battles. The simple and nature-based color palette represents the calming and safe environment for users, free from over-stimulation. Design features such as the atrium, live plant and water wall integrate a sense of nature and natural comfort.