Health and Exercise Science
Colorado State University

Human Performance/Clinical Research Lab

Department of Health and Exercise Science

Fort Collins, Colorado 80523-1582

**(970) 491-3847**

**FAX: (970) 491-7677**

**Application for Internship or Practicum or Volunteer Position**

#### Please indicate in which laboratory area you would like to have your experience from the list below. The director of the lab is in parentheses.

#### Clinical Biomechanics Laboratory (Raoul Reiser, Ph, D.)

#### Extracellular Regulation of Metabolism Laboratory (Dan Lark, Ph. D.)

#### Healthspan Biology Laboratory (Tom LaRocca, Ph. D.)

#### Heart Disease Prevention Program (HDPP) and First Responder Testing Program (Tiffany Lipsey M. Ed.)

* Laboratory for the Assessment and Promotion of Physical Activity and Health (APPAH) (Kaigang Li, Ph. D.)
* Laboratory of Integrative Biology (Chris Bell, Ph. D.)
* Movement Neuroscience and Rehabilitation Laboratory (Neha Lodha, Ph. D.)

#### Neuromuscular Function Laboratory (NFL) (Brian Tracy, Ph. D.)

#### Physical Activity for Treatment and Prevention Laboratory (Heather Leach, Ph. D.)

* Sensorimotor Neuroimaging Laboratory (SNL) (Brett Fling, Ph. D.)
* Sleep and Metabolism Laboratory (SAM Lab) (Josiane Broussard, Ph. D.)

#### Sport Concussion and Occupational Rehabilitation Laboratory (Jaclyn Stephens, PhD, OTR)

#### Translational Research on Aging and Chronic Disease Laboratory (TRACD) (Karyn Hamilton, Ph. D.)

* Other (please specify) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#### Please contact the director of your preference area for availability and any specific requirements not on this form.

#### This application is for:

#### Internship

#### \_\_\_\_\_\_ (class designation) Practicum for \_\_\_\_\_\_\_ credit hours

#### Volunteer for \_\_\_\_\_\_\_\_\_\_\_ hours per week (For HDPP, 4 hours/week are required. Requirements for other labs vary.)

#### Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

First Middle Last

#### Mailing Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Street

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City State Zip Code

#### School Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Permanent Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

College/University \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Major field of study \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Overall GPA \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Minor or related field \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Major GPA \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Academic Level Fr So Jr Sr Grad PhD Graduation date \_\_\_\_\_\_\_\_\_\_\_\_\_

Computer skills \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Preferred Dates \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#### Total Number of Weeks Preferred \_\_\_\_\_\_ (10 week minimum)

#### University requirement \_\_\_\_\_ weeks (if applicable)

How did you hear about the program? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

College/University Internship or Practicum Supervisor (if applicable):

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Daytime phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Street or Building on Campus with Room Number

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City State Zip Code

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**The following must be provided to complete the application process:**

CSU HES applicants

Resume

Current transcript (for CSU applicants, a ARIESweb printout is acceptable)

Cover letter addressing career aspirations and goals for this position

Copy of CPR certification

 Two written academic references in major field (email is acceptable)

 Schedule detailing your academic, work and other responsibilities and the hours that you would like to be in the practical experience

Applicants outside of CSU HES

Resume

Information about the requirements of your program

Current transcript (for CSU applicants, a ARIESweb printout is acceptable)

Cover letter addressing career aspirations and goals for this position

Copy of CPR certification

 Two written academic references in major field (email is acceptable)

 Schedule detailing your academic, work and other responsibilities and the hours that you would like to be in the practical experience

If you are not a CSU student, there will need to be an agreement between CSU and your university/college. Please allow time for that process. Plan ahead.

Signature of Applicant \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_

**Colorado State University Practicum and Internship details:**

### HES 486 practicum

Total of 3 credits

There is one credit hour of lecture and two credit hours of practicum contact hours. These contact hours require 30 hours each, which is a total of 60 for the semester. This is ~4 hours per week.

### HES 487 Internship

Total of 18 credits

There are 600 contact hours required for the semester, which is 40 hours per week. This is 40 hours per credit.

### HES 686 Graduate practicum

Total of 3 credits

There are 135 contact hours required for the semester, which is ~ 9 hours per week.