

# Adult Fitness Program

Glenn Morris Field House  
Fort Collins, CO 80523

## Free 14 Day Pass

Guest Name \_\_\_\_\_

Email/Phone \_\_\_\_\_

Expires \_\_\_\_\_

Limit one per person. Applies to **Community Members of Fort Collins and the surrounding areas**. Must be 18 years or older to participate. Please contact Kimberly Burke with any questions at [kimberly.burke@colostate.edu](mailto:kimberly.burke@colostate.edu) or (970) 491-0928.

### Program Hours

**M, W, F:** 6-8am

**Monday through Friday:**

11:45 am-1:15 pm

**M, W, Th:** 5-7pm

**Saturday:** 8-10am



*Discovering Healthy*  
LIFESTYLES