

## Local and National Data & Resources:

*Interested in learning more about public health issues and trends in your area? Check out the following resources.*



PREVENTION RESEARCH CENTER  
COLORADO STATE UNIVERSITY

### State & Local Data Resources:

- **Healthy Kids Colorado Survey:** The HKCS is the state's most comprehensive survey on the health and well-being of young people. View their dashboard to see data collected by year.
- **Colorado Department of Public Health & Environment:** The CDPHE serves Coloradans by providing public health and environmental protection services that promote healthy people in healthy places. Visit their website to access data on health equity, mental health, and more.
- **Kids Count Data Center:** The Kids Count Data Center tracks the well-being of children in the United States, seeking to secure better futures for all children and to raise the visibility of children's issues through a nonpartisan, evidence-based lens. Visit their website to view data by state.
- **Colorado Community Needs Assessments:** This 2020 guidebook outlines a step-by-step process for conducting a community needs assessment.
- **Colorado Department of Education:** The CDE provides leadership, resources, support and accountability to Colorado's school districts, schools, teachers and administrators to help them build capacity to meet the needs of public school students. Visit their website to view resources for families, educators, community members, and more.

### National Data Resources:

- **National Survey on Drug Use and Health:** Conducted by the Substance Abuse and Mental Services Administration (SAMHSA), NSDUH provides data on the prevalence of substance use and mental health disorders among youth aged 12-17, as well as adults. This survey is one of the most comprehensive sources for understanding substance use disorders and treatment access and can be used to access national and state data.
- **Monitoring the Future Survey:** The MTF survey, conducted by the University of Michigan's Institute for Social Research focuses primarily on substance use behaviors among adolescents in grades 8, 10, and 12. It tracks changes in attitudes, behaviors, and perceptions related to drug and alcohol use.
- **Youth Risk Behavior Surveillance System:** Conducted by the Center for Disease Control and Prevention (CDC), YRBSS is one of the most comprehensive sources of data on youth risk behaviors. It monitors health behaviors among high school students (grades 9-12) that contribute to the leading causes of death, disability, and social problems among youth and adults.
- **The Pew Charitable Trusts:** Using data to make a difference, The Pew Charitable Trust illuminates issues and advances strategies that lead to tangible progress. Find articles that outline current research on their website.