

The below list of books is intended to provide supplemental learning opportunities related to your Field Placement. They are broadly categorized based on the main theme in the book, however likely will cover a variety of topics.

Learning Activity:

Choose a book that is directly related to your agency. Read the book and reflect on what you have learned, how it can apply to your work as a social worker in that agency and discuss in supervision. This should be new learning. Many courses have similar supplemental book lists. If you read a book for another class, you can not also use that same book as a field learning activity.

Professional Development for Social Workers:

Maybe You Should Talk to Someone: Lori Gottlieb

Dare to Lead: Brene Brown

Choosing Civility: The Twenty-Five Rules of Considerate Conduct: P. M. Forni

The Fred Factor: Mark Sanborn

Days in the Lives of Social Workers: Linda May Grobman

From the Front Lines: Student Cases in Social Work Ethics: Juliet Cassuto Rothman

Irresistible: Adam Alter

Talking to Strangers: What We Should Know about the People We Don't Know: Malcolm Gladwell

Blindspot: Hidden Biases of Good People: Mahzarin R. Banaji & Anthony Greenwald

Addiction:

Dopesick: Beth Macy

A Piece of Cake: Cupcake Brown

Blackout: Remembering the Things I Drank to Forget: Sarah Hepola

Methland: The Death and Life of an American Small Town: Nick Reding

Double Double: Ken Grimes

Mental Health:

Night Falls Fast: Kay Redfield Jamison

Fast Girl: Running from Madness. Suzy Favor Hamilton

An Unquiet Mind: A Memoir of Moods and Madness: Kay Redfield Jamison

A Trick of The Light: Lois Metzger

Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt: Kevin Hines

Divided Minds: Twin Sisters and Their Journey Through Schizophrenia: Carolyn Spiro

I Hate You- Don't Leave Me. Understanding Borderline Personality: Jerold Kreisman

Trauma:

The Body Keeps the Score: Bessel van der Kolk

Ask Again, Yes: Mary Beth Keane

Healthcare:

Being Mortal: Atul Gawande

5 Days at Memorial: Sheri Fink

Sick: The Untold Story of America's Healthcare Crisis: Jonathan Cohn

When Breath Becomes Air: Paul Kalanithi

The Spirit Catches You and You Fall Down: Anne Fadiman

Youth:

And Still We Rise: The Trials and Triumphs of Twelve Gifted Inner-City Students: Miles Corwin

On Their Own: What Happens to Kids When They Age out of the Foster Care System: Martha Shirk and Gary Stangler

A Child Called It: One Child's Courage to Survive: David Pelzer

A Man Named Dave: a story of triumph and forgiveness: Dave Pelzer

Amazing Grace: Johnathon Kozol

Another Place at The Table: Kathy Harrison

Breaking Night: Liz Murray

Family:

Educated: Tara Westover

The Glass Castle: Jeannette Walls

If You Tell: Gregg Olsen

Racism/Oppression/Social Justice:

An American Marriage; Tayari Jones (Race in America)

How Race is Lived in America: Correspondents of the New York Times, Introduction by Joseph Lelyveld

The New Jim Crow: Michelle Alexander

White Fragility: Robin Diangelo

The Fire This Time: Jesmyn Ward

American Islamophobia: Khaled A. Beydoun

Waking Up White: Debby Irving

Ain't I a Woman: Black Women and Feminism: Bell Hooks

Black Feminist Thought: Knowledge, Consciousness, and the Politics of Empowerment: Patricia Hill Collins

Warriors Don't Cry: Melba Pattillo Beals

The Line Becomes a River: Francisco Cantu

There There: Tommy Orange

Enrique's Journey: Sonia Nazario

The Other Wes Moore: Wes Moore

The Kite Runner: Khaled Hosseini

A Thousand Splendid Suns: Khaled Hosseini

The Mountain Echoed: Khaled Hosseini

Just Mercy: Brian Stevenson

The Condemnation of Blackness, Race, Crime, and the Making of Modern Urban America: Khalil Gibran Muhammad

How to Be and Antiracist: Ibram X. Kendi

Gender Identity and Oppression:

Class Action: Clara Bingham and Laura Leedy Gansler

Feminist Fight Club, An Office Survival Manual (For A Sexist Workplace): Jessica Bennett

Black Girl Dangerous on Race, Queerness, Class and Gender: Mia McKenzie

Dear Ijeawele, or, A Feminist Manifesto in Fifteen Suggestions: Chimamanda Ngozi Adichie

Redefining Realness: My Path to Womanhood, Identity, Love, and So Much More: Janet Mock

Sissy: A Coming of Gender Story: Jacob Tobia
Velvet Rage: Overcoming the Pain of Growing up Gay in a Straight Man's World: Alan Downs
We are everywhere: Protest, Power and Pride in the History of Queer Liberation: Matthew Riemer & Leighton Brown
Boy Erased: Garrard Conley
Bi Any Other Name: Bisexual People Speak Out: Lani Ka'ahumanu & Loraine Hutchins

Economic Oppression:

Evicted: Poverty and Profit in the American City: Matthew Desmond
The Working Poor: David K Shipler
This Land is Their Land: Barbara Ehrenreich
Nickle and Dimed: Barbara Ehrenreich
Rosa Lee: Leon Dash
The New Human Rights Movement: Pete Joseph
Invisible Nations: Homeless families in America: Richard Schweid
Savage Inequalities: Jonathan Kozol
Hillbilly Elegy: JD Vance
Class Matters: Correspondents of New York Times, Introduction by Bill Keller
Gang Leader for a Day: A Rogue Sociologist Takes to the Streets: Sudhir Venkatesh

Thank you to the University of West Virginia, University of Northern Iowa, and NASW Michigan book club for sharing their current lists of non-textbook reading and book club choices.