

## Field Online Trainings, Videos, Podcasts, and Webinars

The below list of online trainings, videos, podcasts, and webinars are intended to provide supplemental learning opportunities related to your Field Placement. They are broadly categorized based on subject, name and description. Please choose trainings that are applicable to your agency.

Learning Activity: Choose training(s) below that are directly related to your agency. Watch and/or listen and write a reflection on what you have learned, how it can apply to your work as a social worker in that agency and discuss in supervision.

### **Local and State Resources**

CSU Extension Mindfulness / Self-Care 5 part Video Series

<https://larimer.extension.colostate.edu/programs/health-and-wellbeing/>

(Find CSU Extension Mindfulness Video Series on right side of page.)

GRANDcares Webinars for Service Providers

<https://larimer.extension.colostate.edu/programs/health-and-wellbeing/>

(Find Grand Cares 6 part Webinars for Service providers on right side of page.)

### **General**

Aspen Ideas Festival

<https://www.aspenideas.org/sessions?section=health&term=mental%20health>

Listening Sessions on various topics from mental health to communities

(Use the search bar to enter topic ideas.)

Independent Living Resource Utilization

<https://www.ilru.org/training-rapidcourses-tutorials>

Please explore the RapidCourses Web-Based Self-Study Tutorials

<https://www.ilru.org/training-on-demand>

Please explore On-Demand Training from a wide range of topics including: Emergency Preparedness, Health and Wellness, Home and Community-based Services, Inclusion, Diversity and Underserved Populations

### **Aging**

American Society on Aging

[www.asaging.org/web-seminars](http://www.asaging.org/web-seminars)

### **Behavioral Health**

Mad in America Continuing Education

<http://madinamericacontinuinged.org>

National Association of State Mental Health Program  
Directors <http://www.nasmhpd.org/webinars>

National Council for Behavioral Health  
<https://www.thenationalcouncil.org/events-and-training/webinars/>

### **Children & Families**

Resource Parent Curriculum (RPC)  
<http://learn.nctsn.org/>

RPC Online is a centralized resource for providers and resource parents who are using or interested in using “Caring for Children Who Have Experienced Trauma: A Workshop for Resource Parents” in their communities. Users must create an account to access the course but materials are free and available to all.

### **Other**

Interview with a Social Worker - child protection conference  
<https://www.youtube.com/watch?v=VcsFzoBrmb0>

Adolescence, the Age of Opportunity: Interview with Laurence Steinberg, Ph.D.  
<http://socialworkpodcast.blogspot.com/2014/09/steinberg.html>

Darkness to Light  
<https://www.d2l.org/education/stewards-of-children/online>  
Stewards of Children Sexual Abuse Prevention Online Training (has associated fee)

Human Rights Campaign  
<https://www.hrc.org/resources/all-children-all-families-webinars>  
All Children, All Families Webinars

Prevent Child Abuse  
<https://www.preventchildabusenc.org/recognizing-responding-online-course/>  
Recognizing and Responding to Suspicions of Child Maltreatment

<https://preventchildabusenc-lms.org/>  
What is Prevention?

NC State Center for Family and Community Engagement  
[https://www.cface.org/projects/family\\_engagement/dss/IDDinfo.php](https://www.cface.org/projects/family_engagement/dss/IDDinfo.php)  
A Resource Parent’s Guide to Intellectual and Developmental Disabilities (IDD)

[https://www.cface.org/projects/family\\_engagement/dss/gamebuilding.php](https://www.cface.org/projects/family_engagement/dss/gamebuilding.php)  
Game Building as Engagement

[https://www.cface.org/projects/family\\_engagement/dss/lgbtq.php](https://www.cface.org/projects/family_engagement/dss/lgbtq.php)

Learning to Support, Include, and Empower Lesbian, Gay, Bisexual, Trans\*, and Questioning Youth in Substitute Care

[https://www.cface.org/projects/family\\_engagement/dss/ALinfo.php](https://www.cface.org/projects/family_engagement/dss/ALinfo.php)

How Loss Impacts Youth in Foster Care: What is our role and responsibility within these relationships?

### **Community Social Work**

Community Development Project

<http://www.researchfororganizing.org/index.php?page=webinar-seres>

Research for Organizing: A Toolkit for Participatory Action Research from the Community Development Project Webinar Series

National Neighborhood Indicators Project

<https://www.neighborhoodindicators.org/get-involved/webinars>

### **Disabilities**

UNC SSW Focus on Family and Disability Lecture Series (livestreaming available)

<https://cls.unc.edu/family-focus-and-disability-clinical-lecture-series/>

Mental Health issues

<https://bhs.unc.edu/introduction-mental-health-needs-children-and-young-people-intellectualdevelopmental-disabilities>

Introduction to the Mental Health Needs of Children and Young People with Intellectual/Developmental Disabilities Web-Based Provider Training Curriculum

Traumatic Brain Injury (TBI)

<https://bhs.unc.edu/node/248>

Children and Adolescents Affected by Traumatic Brain Injury (TBI)

### **Direct Social Work Skills**

Screening, Brief Intervention and Referral to Treatment (SBIRT)

<https://sbirt.wayne.edu/courses>

Free course

Interviewing

How to Interview Clients By Social Worker | Domestic

[https://www.youtube.com/watch?v=WSVroHs-EFw&list=PLIdiT-cory2qcs1hKmuAT2U5E1eez\\_O8P&index=4](https://www.youtube.com/watch?v=WSVroHs-EFw&list=PLIdiT-cory2qcs1hKmuAT2U5E1eez_O8P&index=4)

Motivational Interviewing - Good Example - Alan Lyme

<https://www.youtube.com/watch?v=67I6g1I7Zao>

Motivational interviewing in brief consultations: role-play focusing on engaging  
<https://www.youtube.com/watch?v=bTRRNWrwRCo>

The Process of Evidence-Based Practice: Interview with Danielle E. Parrish, Ph.D.  
<http://socialworkpodcast.blogspot.com/2011/03/process-of-evidence-based-practice.html>

Conducting a Quick Screen for Trauma - Child Interview  
<https://www.youtube.com/watch?v=rKTYOAI65zE>

Case Management

What is CASE MANAGEMENT? Models in case management? Challenges in case management  
<https://www.youtube.com/watch?v=kulc3-Xaixg>

Five Tips For Writing Case notes (Example of a case note)  
<https://www.youtube.com/watch?v=cyNxtizZs9I>

Developing Treatment Plans: The Basics  
<http://socialworkpodcast.blogspot.com/2007/03/developing-treatment-plans-basics.html>

Crisis Management

How to de-escalate someone  
<https://www.youtube.com/watch?v=4qsfBCatgX8>

UC Davis Health: Children's Hospital  
<https://pcit.ucdavis.edu/pcit-web-course/>  
Parent Child Interaction Therapy (PCIT) Online Training

UNC SSW Clinical Lecture Series  
<https://cls.unc.edu/clinical-lecture-series/>

### **Diversity**

Cultural Humility

Juliana Mosley, Ph.D. | TEDxWestChester  
[https://www.youtube.com/watch?v=Ww\\_ml21L7Ns](https://www.youtube.com/watch?v=Ww_ml21L7Ns)

Implicit Bias

Melanie Funchess | TEDxFlourCity  
<https://www.youtube.com/watch?v=Fr8G7MtRNlk>

Other

Section 5. Addressing Social Determinants of Health and Development  
<https://ctb.ku.edu/en/table-of-contents/analyze/analyze-community-problems-and-solutions/social-determinants-of-health/main>

Critical Concept: Anti Oppressive Practice

<https://www.youtube.com/watch?v=yX7Oz7ir-IE>

US Department of Health and Human Services

[https://thinkculturalhealth.hhs.gov/education/behavioral-health?gclid=CjwKCAjwmKLzBRBeEiwACCVihrCTf-z-ciTbHQqhHxk7U-ZQYs\\_taiL7OAZOF8mw5X9Yy950CAmbhoC368QAvD\\_BwE](https://thinkculturalhealth.hhs.gov/education/behavioral-health?gclid=CjwKCAjwmKLzBRBeEiwACCVihrCTf-z-ciTbHQqhHxk7U-ZQYs_taiL7OAZOF8mw5X9Yy950CAmbhoC368QAvD_BwE)

Improving Cultural Competency for Behavioral Health Professionals (4 courses)

### **Ethics**

Dilemmas

Ethical Dilemmas | How to respond to them

<https://www.youtube.com/watch?v=gGaccU2u0zQ>

Confidentiality

Explaining Confidentiality To Clients

[https://www.youtube.com/watch?v=s5WOF06G28M&list=PLldiT-cory2qcs1hKmuAT2U5E1eez\\_O8P&index=3](https://www.youtube.com/watch?v=s5WOF06G28M&list=PLldiT-cory2qcs1hKmuAT2U5E1eez_O8P&index=3)

2018 NASW Code of Ethics podcast series

Interview with Allan Barsky, JD, MSW, PhD

History of the code of ethics

<http://socialworkpodcast.blogspot.com/2018/01/Ethics2018-1.html>

Cultural competence

<http://socialworkpodcast.blogspot.com/2018/01/Ethics2018-2.html>

Professional affiliations

<http://socialworkpodcast.blogspot.com/2018/01/Ethics2018-3.html>

### **Financial Social Work**

Center for Financial Social Work

<https://financialsocialwork.com/resources>

Free Resources (Webinars, eBooks, and Videos)

### **Health & Nutrition**

USDA Healthy Habits Take Root Video Series

*In celebration of National Farm to School Month, a five-part video series featuring testimonials from more than 30 USDA Farm to School grantees. From Maine to Alaska, USDA supports farm to school programs all across the country. School districts - large, small, urban and rural - are serving local products and teaching students where their food comes from. The videos highlight the many ways grantees are bringing the farm to school.*

[Engaging the Community in Farm to School Efforts](#)

[Getting Kids Excited about Healthful, Local Foods](#)

[Going Local](#)

[Getting Started with Farm to School](#)  
[Farm to School Impacts](#)  
[Teaser - Farm to School: Kids Love It!](#)  
(some of these are very short)

Why food policy is worth fighting for: Representative Chellie Pingree at TEDx Manhattan  
<https://www.youtube.com/watch?v=mxsgQLryuE4>

US Food Policy, Past and Present: Where Does the Future Lie? The Aspen Institute  
<https://www.youtube.com/watch?v=HuHG-fCj0Jk>

Academy of Nutrition and Dietetics: Kids Eat Right Webinars  
[Kids Eat Right](#)  
[Using Social Media with Kids Eat Right](#)  
[Motivating Consumers with Messages that Make Sense to Them](#)

Academy of Nutrition and Dietetics: Future of Food Webinars  
[A Flavorful Pairing: Nutrition Education in Food Banks](#)  
[Changing the Way We Look at Agriculture: Opportunities for RDNs](#)  
[Contributors and Effects of Food Insecurity: Nutrition and Beyond](#)  
[Food Production and Our Environmental Responsibility](#)  
[Food Security and Nutrition](#)  
[Hungry and Overweight: How is it Possible?](#)  
[Keys to Food Bank Nutrition Education Program Evaluation](#)  
[Making an Impact with Food Insecure Populations](#)  
[Point A to Point B: Improving Access to Healthy Foods in Food Banks](#)  
[Promising Practices in Food Bank Nutrition Education](#)  
[Ready Set Go: Preparing and Delivering Effective Nutrition Education for Audiences Facing Food Insecurity](#)  
[School Meals and Community Partnerships: Creative Solutions against Food Insecurity](#)  
[Successful Synergies](#)  
[U.S. Farming 101, Part 1](#)  
[U.S. Farming 101, Part 2](#)

*This webinar provides insight into farming economics to better understand how farming decisions are made and the challenges farms face in running a business. Learn how the Farm Bill has impacted farming, nutrition education and research. A variety of resources will be provided to help nutrition professionals become more knowledgeable about farming, the future of farming and how to get involved in public policy decisions that affect agriculture and nutrition.*

[GENIE: Your Nutrition Education Wishes Have Been Granted!](#)

Learn how GENIE can help nutrition and dietetics practitioners plan effective, sustainable nutrition education programs that positively impact their patients/clients and communities.

Gain a good understanding of how GENIE was developed, validated and how the interactive online version can help you set your programs apart.

### **Human Trafficking**

Human Trafficking on line course

<https://humantraffickinghotline.org/>

### **Mental Health**

CSW Learning Academy

<https://learningacademy.cswe.org/recovery-to-practice-series>

This series of free, interactive courses has been designed to introduce social workers to the recovery model. CSWE has been awarded a subcontract from SAMHSA to develop, implement, and evaluate mental health recovery-oriented training materials for social work educators and practitioners. The 5-year initiative will increase the mental health recovery training resources available to social workers. This project is part of a larger initiative by SAMHSA to aid the behavioral health workforce.

Aspen Ideas Festival

<https://www.aspenideas.org/sessions?section=health&term=mental%20health>

Listening Sessions on various topics from mental health to communities

Community Mental Health

[Community Mental Health: A Critical Role for Social Workers - Rebecca Frank, LCSW, CSAC](#)

Westfield State University, Interdisciplinary Behavioral Health Collaboration (IBHC) Project

<http://www.westfield.ma.edu/interdisciplinary-behavioral-health-collaboration/modules>

Free Online Integrated Behavioral Healthcare Training Modules (16 different modules on a variety of healthcare and specialized population topics)

### **Mindfulness**

Guided Mindfulness Meditation

<http://www.mindfulnesscds.com/pages/videos-of-jon-teaching>

Healing and Motivational Meditations for Mind Body and Spirit

[www.healing-affirmations.com](http://www.healing-affirmations.com)

Mindfulness-Based Stress Reduction (MBSR)

<http://palousemindfulness.com/>

Free Online Training Course Online

### **National Association of Social Workers (NASW)**

NASW Members – Social Work Online CE Institute

<https://naswinstitute.inreachce.com/>

Many resources available at no charge for current members

## **Oppression**

Why Healing from Internalized Whiteness Is a Missing Link in White People's Anti-Racism Work;  
Webinar Leader: Sandra Kim (90mins)

<https://everydayfeminism.us5.list-manage.com/track/click?u=490069b5825b07184ab7b8a77&id=0e61b78def&e=8ad94f180f>

## Policy Issues

After 1929: Addressing the Great Depression

<https://www.youtube.com/watch?v=HVAV0-csjhY>

Americans With Disabilities Act

<http://www.ada.gov>

BA session for Iowa Licensure info

<http://www.uni.edu/csbs/socialwork/area-conferencesin-services>

CSWE Learning Academy

<https://learningacademy.cswe.org/>

Policy Practice Certificate Course

[https://learningacademy.cswe.org/products/policy-practice-certificate-course#product\\_tab\\_overview](https://learningacademy.cswe.org/products/policy-practice-certificate-course#product_tab_overview)

Description: This engaging, on-demand course uses animation and video to help social work students and educators advance their understanding of critical social justice issues and key elements of effective advocacy practice. An understanding of policy is key to being an effective social worker and advancing social justice causes. Miguel Ferguson, Founder of Of Course!, and Rick Hoefer, Professor at the University of Texas at Arlington, draw on decades of experience in educating for social policy and advocacy. They highlight the necessity of social work engagement in the policy arena and the knowledge and skills required for effective advocacy.

Participants will learn:

The history of social welfare in the U.S. and current trends in poverty and inequality

What advocacy is and how social workers can get involved

Strategies for effective advocacy, including education, persuasion and negotiation

The course concludes with a brief quiz to assess how well participants retained the course material. After successfully completing the quiz, participants have the option to print a certificate of completion.

<https://learningacademy.cswe.org/the-affordable-care-act-and-social-work-2>

Demystifying Medicare

<https://www.nasi.org/research/2014/video-demystifying-medicare>



Dramatic change in US welfare system: Personal Responsibility & Work Opportunity Reconciliation Act (PRWORA). Ends 60-year safety net for poor children & families.

<https://www.youtube.com/watch?v=J6QOuogeOFQ>

Food Policy SNAP

<https://www.youtube.com/watch?v=Jw7uT1jOt0o>

The Legislative Process—“I’m just a bill”

<https://www.youtube.com/watch?v=FFroMQIKiag>

Medicaid Made Clear: Medicare and Medicaid at 50

<https://www.youtube.com/watch?v=f9NUCvrrRz4>

Medicare Part D Bill

[https://www.youtube.com/watch?v=iTLs\\_oDVg8U](https://www.youtube.com/watch?v=iTLs_oDVg8U)

New Deal

<http://www.socialwelfarehistory.com/eras/great-depression/the-new-deal-part-i/>

<http://www.socialwelfarehistory.com/eras/great-depression/the-new-deal-part-ii/>

Perspective on Relation of Economy and Social Programs, Prof. Richard Wolff  
<https://www.youtube.com/watch?v=dk1nn0F1jC4>

Pro and Con Views on 1996 PRWORA. Welfare to Work program critique - Michael Moore: vs. Brookings Institution

<https://www.youtube.com/watch?v=SFoFKXQfaWw>

<https://www.youtube.com/watch?v=l6JklylVppA>

Rise of Social Work Profession

[www.socialwelfarehistory.org](http://www.socialwelfarehistory.org)

Social Policy Initiatives in Obama Years; Patient Protection and Affordable Care Act; Guide to the ACA: The YouToons Get Ready for Obamacare

<http://www.healthlawguideforbusiness.org/video/youtoons-get-ready-obamacare>

Social Security

<https://www.nasi.org/learn/social-security/just-the-facts>

The Story of Medicare: Timeline

<http://kff.org/medicare/timeline/medicare-timeline/>

Transforms Aid to Families with Dependent Children (AFDC) into state-run, block-grant program: Temporary Assistance to Needy Families (TANF).

<https://www.youtube.com/watch?v=Gslp7-Jy7qg>

Violence Against Women Act

[https://www.whitehouse.gov/sites/default/files/docs/vawa\\_factsheet.pdf](https://www.whitehouse.gov/sites/default/files/docs/vawa_factsheet.pdf)

The War on Poverty

[www.nbcnews.com/video/all-in-/54017188](http://www.nbcnews.com/video/all-in-/54017188)

What is Social Policy Prof. Pete Alcock

[https://www.youtube.com/watch?v=Ccff\\_50dFP4](https://www.youtube.com/watch?v=Ccff_50dFP4)

National Social Work Voter Mobilization Campaign

<https://votingisocialwork.org/>

The National Social Work Voter Mobilization Campaign works to integrate nonpartisan voter engagement into social work education and practice.

*The National Social Work Voter Mobilization Campaign began in 2016 with the first launch of the VotingIsSocialWork.org website crafted by Influencing Social Policy, the Nancy A Humphreys Institute for Political Social Work and the Congressional Research Institute for Social Work and Policy with funding by the Fund for Social Policy Education and Practice. The new website and current leadership team includes the Humphreys Institute, the Silberman School of Social Work at Hunter College and Bryn Mawr Graduate School of Social Work and Social Research with many people involved in the larger task force.*

The Campaign seeks to :

- Raise awareness of the importance of voting to social work practice and impact;
- Integrate voter engagement activities into class and field education for all social work students (micro and macro);
- Provide information about voter mobilization skills and strategies to field instructors, students and faculty for use in agencies and the classroom; and
- Ensure that all the people served by social workers have access to the vote.

Social workers have understood the importance of voting to political action, community power and social justice dating back the Settlement House movement. Voter engagement remains still central to social work values today! Existing evidence shows that voter engagement increases individual well-being, advances civic participation, and increases social justice. 1 See our research page for more information. *The National Association of Social Workers' Code of Ethics & Council on Social Work Education Practice Standards support social action.*

### **Public Health**

Advancing Public Health Social Work (PHSW) Free webinar

<https://vimeo.com/282548599>

password: phsw

*Research and Training focuses on the work being done in MSW, MPH, and joint degree programs to prepare the next generation of public health social workers by bringing together faculty, staff, and students.*

Centers for Disease Control and Prevention (2014). Ten essential Public Health Services; October 15, 2018

[www.cdc.gov](http://www.cdc.gov)

<https://www.cdc.gov/publichealthgateway/publichealthservices/essentialhealthservices.html>

Public health is the science of protecting and improving the health of people and their communities. This work is achieved by promoting healthy lifestyles, researching disease and injury prevention, and detecting, preventing and responding to infectious diseases.

[www.nctsn.org](http://www.nctsn.org)

### **Self-Care**

New Social Worker Press live video chat on September 26, 2017, with the co-editors of The A-to-Z Self-Care Handbook for Social Workers and Other Helping Professionals.

<http://www.socialworker.com/feature-articles/self-care/a-conversation-on-self-care-for-social-workers/>

Ted Talk by Shawn Achor: The Happy Secret to Better Work

<https://www.youtube.com/watch?v=fLJsdqxnZb0>

Other

[Self-care for Social Workers: Interview with Erlene Grise-Owens, Justin “Jay” Miller, and Mindy Eaves](#)

[Self-Care for New Social Workers](#)

### **Social Thinking**

Developed by Michelle Garcia Winner and Dr. Pamela Crooke.

<https://www.socialthinking.com/eLearning/categories/FreeWebinars>

At Social Thinking®, our mission is to help people develop their social competencies to better connect with others and live happier, more meaningful lives. We create unique treatment frameworks and strategies to help individuals as young as four and across the lifespan develop their social thinking and social skills to meet their personal social goals. These goals often include sharing space effectively with others, learning to work as part of a team, and developing relationships of all kinds: with family, friends, classmates, co-workers, romantic partners, and more.

### **Substance Abuse**

Association for Addiction Professionals

<http://www.naadac.org/webinars>

Building Recovery-oriented Systems

<https://ahpnet.adobeconnect.com/p5lq5gxehwy/?launcher=false&fcsContent=true&pbMode=normal&smartpause=false>

Culturally Competent Care in Recovery-oriented Settings

<https://ahpnet.adobeconnect.com/p6o0c1qxxof/>

Evidence-based Practices and Recovery-oriented Care

<https://ahpnet.adobeconnect.com/p8pqluf9c8d/?launcher=false&fcsContent=true&pbMode=normal&smartpause=false>

Gateway Foundation—Alcohol and Drug Treatment Centers

<http://recovergateway.org/professional-resources/CEU-Webinars/>

Including Family and Community in Recovery from Addiction

<https://ahpnet.adobeconnect.com/p3uzgpgb3zg/?launcher=false&fcsContent=true&pbMode=normal&smartPause=false>

Peer Services: Creating an Environment for Success

<https://ahpnet.adobeconnect.com/p9b09fkquoh/?launcher=false&fcsContent=true&pbMode=normal&smartPause=false>

Recovery and Recovery-oriented Care: Foundations and Future Considerations

<https://ahpnet.adobeconnect.com/p5b3bjfuyrj/?launcher=false&fcsContent=true&pbMode=normal&smartPause=false>

Role of Medication and Shared Decision Making in Recovery-oriented Care

<https://ahpnet.adobeconnect.com/p1bvwo4cvj2/?launcher=false&fcsContent=true&pbMode=normal&smartpause=false>

The Substance Abuse and Mental Health Services Administration-put “webinars” in search window

<http://www.samhsa.gov/>

Whole Health and Recovery Part 1: Creating Opportunities for Wellness

<https://ahpnet.adobeconnect.com/p5hh0rbr9gj/?launcher=false&fcsContent=true&pbMode=normal&smartpause=false>

Intervention

[Practice Demonstration - Substance Abuse Counseling](#)

[Everyday Addiction Interventions: Loving and Relentless | Susan Riegler | TEDxNewBedford](#)

Other

[How I overcame alcoholism | Claudia Christian | TEDxLondonBusinessSchool](#)

NC Area Health Education Centers - Opioid

<https://www.aheconnect.com/opioided/default.asp>

Opioid Education for Community Health Workers Online Series

Fetal Alcohol Issues

<https://bhs.unc.edu/FASD-free>

Fetal Alcohol Spectrum Disorders

### **Suicide**

Jane Pearson on Childhood Suicide and Keeping Kids Safe

<http://www.nimh.nih.gov/news/media/2010/jane-pearson-on-childhood-suicide-and-keeping-kids-safe-online.shtml>

(3.15 minutes)

Jane Pearson on Warning Signs for Childhood Suicide

<http://www.nimh.nih.gov/news/media/2010/jane-pearson-on-warning-signs-for-childhood-suicide.shtml>

(3.15 minutes)

Jane Pearson on Suicide Prevention and Research

<https://www.youtube.com/watch?v=z6idLnw4DY8>

(3.45 minutes)

NIMH researcher Dr. Douglas Meinecke talks about critical suicide prevention research

<https://www.youtube.com/watch?v=tMpcrTiRDo0>

(3.41 minutes)

Zero Suicide—6 recorded webinars

[http://zerosuicide.sprc.org/resources?type\\_1%5B%5D=webinar](http://zerosuicide.sprc.org/resources?type_1%5B%5D=webinar)

Scroll to the bottom to find the slides and recording for Zero Suicide and Trauma-Informed Care

Suicide Prevention Resource Center

CALM: Counseling on Access to Lethal Means

<https://training.sprc.org/>

Locating and Understanding Data for Suicide Prevention

<https://training.sprc.org/enrol/index.php?id=35>

A Strategic Planning Approach to Suicide Prevention

<https://training.sprc.org/enrol/index.php?id=31>

Preventing Suicide in Emergency Department Patients

<https://training.sprc.org/enrol/index.php?id=30>

### **Trauma**

National Center on Domestic Violence, Trauma, and Mental Health

<http://www.nationalcenterdvtraumamh.org/trainingta/webinars-seminars/>

National Child Traumatic Stress Network

<https://learn.nctsn.org/>

Access/view online trainings that are applicable to your field placement agency.

National Center for PTSD

[https://www.ptsd.va.gov/professional/continuing\\_ed/index.asp](https://www.ptsd.va.gov/professional/continuing_ed/index.asp)

Post-traumatic Growth Research Group

<https://ptgi.uncc.edu/publications/>

Building Resiliency: Supporting Youth Affected by Trauma and Community Violence

<https://learn.nctsn.org/course/index.php?categoryid=44>

Each free recorded webinar presentation is 1.5 hrs.

### **Violence Prevention & Treatment**

Center for Disease Control and Prevention, Injury Prevention and Control: Division of Violence Prevention

<https://vetoviolence.cdc.gov/apps/connecting-the-dots/node/4>

Connecting the Dots: Introduction to the Links between Multiple Forms of Violence

<https://vetoviolence.cdc.gov/apps/aces-training/#/#top>

Preventing Adverse Childhood Experiences

<https://vetoviolence.cdc.gov/apps/principles-of-prevention/>

Principles of Prevention

<https://vetoviolence.cdc.gov/apps/stryve/>

STRYVE: Striving to Reduce Youth Violence Everywhere

<https://vetoviolence.cdc.gov/apps/evidence/>

Understanding Evidence

Other:

inSocialWork® is the podcast series of the University at Buffalo School of Social Work. The purpose of this series is to engage practitioners and researchers in lifelong learning and to promote research to practice and practice to research. inSocialWork® features conversations with prominent social work professionals, interviews with cutting-edge researchers, and information on emerging trends and best practices in the field of social work.

[www.insocialwork.org/list\\_categories.asp](http://www.insocialwork.org/list_categories.asp)

*Appreciation to the following agencies/schools/individuals for sharing this information:*

- *Laura Praglin, UNI Social Work Department*
- *Wayne State University, School of Social Work*
- *CSWE Field Director's Listserv*
- *New Mexico State University School of Social Work*

## Online Trainings targeted towards MSW interns with a heavy clinical emphasis

### **Psychological First Aid (PFA)**

*Clinical, Macro, Diversity*

<https://www.nctsn.org/resources/psychological-first-aid-pfa-online>

An evidence-informed modular approach to help children, adolescents, adults, and families in the immediate aftermath of disaster and terrorism. PFA is designed to reduce the initial distress caused by traumatic events and to foster short- and long-term adaptive functioning and coping. This is free – Students have to create a login/account to complete the training.

### **Suicide Prevention Resource Center**

*Clinical, Macro, Diversity*

<https://training.sprc.org/>

Improve your knowledge and skills in suicide prevention with SPRC's self-paced online courses. They are designed for clinicians and other service providers, educators, health professionals, public officials, and members of community-based coalitions who develop and implement suicide prevention programs and policies. This online training is geared toward macro and micro practice of suicide prevention.

### **MD Behavioral Health**

*Clinical*

<https://mdbehavioralhealth.com/about>

An online training site hosted by the Department of Psychiatry at the University of Maryland School of Medicine. Developed in partnership with the Maryland Department of Health and Mental Hygiene, Mental Hygiene Administration, the site provides training to individuals interested in supporting the behavioral health of youth and their families.

### **Mindfulness Based Stress Reduction Therapy**

*Clinical*

<https://palousemindfulness.com/>

A free 8-week course on mindfulness based stress reduction therapy.

### **SBIRT Training**

*Clinical, Diversity*

[https://psattcelearn.org/courses/4hr\\_sbirt/](https://psattcelearn.org/courses/4hr_sbirt/)

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders and those at risk of developing these disorders.

## **Center for Advanced Studies in Child Welfare**

*Clinical, Macro, Diversity*

[https://cascw.umn.edu/portfolio\\_category/online-modules/](https://cascw.umn.edu/portfolio_category/online-modules/)

CASCW's online modules are self-directed learning opportunities for child welfare professionals, foster parents, advocates, and others interested in the topics. They were developed in order to present the child welfare practice-relevant findings of research undertaken by faculty and staff at the School of Social Work as well as partners across the University. The modules consist of narrated PowerPoint presentations with a variety of media attached (e.g. watching videos, reading documents, etc.). All modules are accessible for free. Post-tests are available upon request. Please contact us at CASCW@umn.edu with any questions or problems.

## **Dulwich Centre**

*Clinical, some Macro community practice work, Diversity*

<https://dulwichcentre.com.au/courses/what-is-narrative-practice-a-free-course/>

This Narrative Therapy course is a gateway to free papers, videos and extracts to enjoy at your own pace. Across 9 'lessons' or 'chapters' we have brought together papers, videos, images, interviews and questions. This course is freely available to anyone, although we think it might be particularly relevant for those interested in counselling/psychology/community work/social work. Included are materials that are relevant for those working in therapeutic and/or community work contexts.

## **Motivational Interviewing**

*Clinical*

<https://www.integration.samhsa.gov/clinical-practice/motivational-interviewing>

Motivational Interviewing is a clinical approach that helps people with mental health and substance use disorders and other chronic conditions such as diabetes, cardiovascular conditions, and asthma make positive behavioral changes to support better health. The approach upholds four principles— expressing empathy and avoiding arguing, developing discrepancy, rolling with resistance, and supporting self-efficacy (client's belief they can successfully make a change).

## **Cognitive Processing Therapy**

*Clinical, Diversity, Military*

<https://cpt.musc.edu/>

This site has a particular focus on the treatment of military and combat-related PTSD, although the principles and methods described work well for any type of traumatic event that results in PTSD. This course was developed to complement other methods of clinical learning, such as reading a book or manual or attending a workshop or training course. However, unlike most workshops and manuals, this site includes specific, step-by-step instructions for each component of therapy, printable sample scripts for introducing concepts and techniques to clients, and flash video demonstrations of the therapy procedures conducted by expert



clinicians. The web site is also developed so that you can proceed at your own pace and use the learning experiences when it is convenient for you.

### **CEUfast Nursing**

*Clinical*

<https://ceufast.com>

Includes multiple trainings related to mental health, behavioral health, and health care practice. Geared toward Nurses; yet, relevant for Social Work. These trainings need to be registered for online, but are free. Each training ends with a quiz and a certificate.

### **Family Caregiver Alliance (FCA)**

*Clinical, Diversity*

<https://www.caregiver.org/fca-webinars>

The mission of Family Caregiver Alliance (FCA) is to improve the quality of life for family caregivers and the people who receive their care. For over 40 years, FCA has provided services to family caregivers of adults with physical and cognitive impairments, such as Parkinson's, stroke, Alzheimer's and other types of dementia. There are professional Webinars listed on their learning center for social workers and other professionals.

### **Crisis and Trauma Resource Institute**

*Clinical, some Macro level*

<https://us.ctrinstitute.com/resources/>

Offers several different types (webinars, full trainings, manuals) of trainings and resources on multiple topics related to crisis and trauma.

### **Child Welfare Information Gateway**

*Clinical, Macro, Policy/legislative Trainings, Diversity*

<https://www.childwelfare.gov/learningcenter/>

Child Welfare Information Gateway promotes the safety, permanency, and well-being of children, youth, and families by connecting child welfare, adoption, and related professionals as well as the public to information, resources, and tools covering topics on child welfare, child abuse and neglect, out-of-home care, adoption, and more.

### **Mental Health Webinars**

*Clinical*

<https://www.socialwork.career/2012/08/free-webinars-for-mental-health-professionals.html>

Social Work Career offers resources (i.e. webinars) for both current students and experienced mental health professionals covering a wide range of topics.

### **Neurobiology; EMDR**

*Clinical (Advanced)*

<https://emdrprofessionaltraining.com/free-neurobiology-course/#>

Free Neurobiology of the brain and EMDR course.

### **Acceptance and Commitment Training**

*Clinical*

(ACT) <https://emedia.rmit.edu.au/communication/index.htm>

6 ACT conversations developed by RMIT University Counseling Service. This resource consists of an audio e-learning program comprised of six sessions between 15-50 minutes duration and including a conversational mini-lecture and several practice exercises.

### **Parent Child Interaction Therapy (PCIT) Web Course**

*Clinical*

<https://pcitwebcourse.pcit.ucdavis.edu/login/index.php>

Developed by UC Davis PCIT Training Center, this resource provides a 10-hour, 11-module web course that gives fundamental information about providing PCIT. It gives trainees' a solid foundation and partially fulfills requirements to be a certified PCIT therapist.

### **Diversity Training: Engaging Confidently with Other Cultures**

*Clinical, Macro*

<https://www.hrdqu.com/webinars/diversity-engaging-confidently-with-other-cultures/>

Awareness of our own cultural identities and experiences is the first step to becoming more effective cross-culturally. The Cross Cultural Adaptability Inventory™ workshop is a powerful experience and diversity training tool that helps participants identify their personal areas of cross-cultural competency and provides examples of ways to improve them. Join expert and co-author Dr. Judith Meyers, as she teaches the four competencies that are critical to cross-cultural adaptability. Dr. Meyers will also examine how to use them as a springboard to self-awareness and cross-cultural success. This webinar is based on the HRDQ product, The Cross-Cultural Adaptability Inventory, a best-selling diversity training tool that was developed in direct response to needs expressed by cross-cultural trainers and teachers for a well-constructed and easily obtainable self-assessment training instrument on cross-cultural adaptability.

Participants Will Learn:

- How to define culture and one's cultural identity
- The four competencies associated with cross-cultural effectiveness
- Methods to assess cross-cultural competence
- A common vocabulary that allows for self-improvement, continued growth and perspective-taking in cross-cultural situations

### **Mindfulness, Healing, and Transformation**

*Clinical*

[https://catalog.pesi.com/sq/bh\\_001068\\_kabatziin\\_web11032?utm\\_source=website&utm\\_medium=banner&utm\\_campaign=FreeK-Z](https://catalog.pesi.com/sq/bh_001068_kabatziin_web11032?utm_source=website&utm_medium=banner&utm_campaign=FreeK-Z)

Jon Kabat- Zinn is one of the greats in mindfulness-based therapy.

### **National Resource Center on Domestic Violence**

*Clinical, Macro, Policy work*

<https://nrcdv.org/videos>

NRCDV provides a wide range of online webinars. All of our webinars are all recorded and made available for free through our YouTube channel. In addition, NRCDV Radio podcasts are converted into videos for those that wish to experience the broadcasts in a different format.

### **National Resource Center on Domestic Violence**

*Clinical, Macro, Policy work*

<https://wscadv.remote-learner.net/>

Lists Free Clinical and Macro courses (including nonprofit management) courses related to domestic violence work in the United States.

### **Immigrant and Refugee Mental Health**

*Clinical, Macro, Policy work, Diversity*

<https://irmhp-psmir.camhx.ca/courses>

A free course on immigrant and refugee mental health offered by Canada's Centre for Addiction and Mental Health. It provides an overview of immigrant and refugee populations, as well as subgroups particularly at risk, and how their context and cultures influence mental health. There are two specific "streams" that are tailored to social service providers and health providers, respectively. The description says social workers can benefit from both streams. It's accredited by both the Royal College of Physicians and Surgeons of Canada, and the College of Family Physicians of Canada.

### **CBT for Anxiety and OCD**

*Clinical*

<https://www.pesi.com/blog/details/1081/free-ce-seminar-cbt-for-anxiety-and-ocd>

Elizabeth DuPont Spender, LCSW-C & Kimberly Morrow, LCSW – online seminar for CBT.

### **Brain Injury Association of North Carolina**

*Clinical (Advanced)*

<http://www.biancteach.net/cdetail.asp?courseid=bianc5>

Substance use and traumatic brain injury - This training course features information related to the complex topic of alcohol and other drug use after brain injury. It is intended for anyone working with people with traumatic brain injury and co-occurring substance use.

### **Mental Health Studies - Suicide, Violent Behavior, and Substance Abuse**

*Clinical, Diversity*

<https://alison.com/course/mental-health-studies-suicide-violent-behavior-and-substance-abuse-revised>

Mental health and well-being has become an increasingly important concern of healthcare systems around the world. Self-harm and debilitating mental health problems are increasing, and 1 in 3 people know somebody suffering from mental health issues. This course, which focuses on the activities, actions, and habits that might be endangering one's health and welfare, aims to give you the tools to help others.

*Much appreciation to the University of Maryland School of Social Work for sharing MSW Online Training information.*